



Top Tip #3:

If you are able to, build some time into your daily schedule to spend outdoors in nature for your dose of 'vitamin G' (green!). Perhaps you have a garden you can spend some time in, count the bird species or hunt for bugs. Take advantage of the daily exercise allowance and watch how the seasons change in the area where you live.

Word of the week	Sustainability / Sustainable - meeting the needs of the current population without compromising resources for future generations to meet their needs.
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Why not try to teach other people in your household what the word means? Get them to think about how sustainable their lives are. How are you being sustainable in your life? Can you identify ways you could be more sustainable?

Riddle of the week	What is as round as a dishpan and no matter the size, all the water in the ocean can't fill it up?
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App of the week	Mathtappers: Carbon Choices. This app tasks you with tracking the things that you do and then tells you how much CO ₂ equivalent pollution you're emitting. It will be interesting to do this during and after lockdown to see how things change!
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This week we would have been celebrating 'Earth Day' on Wednesday 22nd April in school. Instead, have a go at these environment activities below to find out more about climate change and the effect on our planet. The activities we had planned in school are postponed for a later date.

Great ideas to get involved in Earth Day 2020!	
Visit earthday.org to find out more about this movement, which is celebrating its 50th anniversary in 2020. There are lots of ideas on the website as to how you can get involved now and in the future!	
Take a photograph every day or once a week from the same spot - perhaps from your bedroom window - so that you can see how the world and nature changes over the seasons. You could also keep a weather diary alongside it!	
Have a look in the fridge and find out what containers can be recycled. Make it your mission to ensure that these items, once finished with, are disposed of in an environmentally friendly way.	
Find out more about our planet and nature. The Planet Earth II series is currently available to watch on the BBC iplayer. If you have access to Netflix, watch the film 'The Boy Who harnessed the Wind' based on a true story (PG rating).	
Fancy helping climate scientists? This website is asking people with a computer to help digitise old records of rainfall to help climate modelling and forecasting get even better!	
If you have the space, as a family, pledge to plant a tree once lockdown restrictions are lifted. Find a suitable location for the tree and perhaps have a look online to find the right tree to plant - some have blossom which is beneficial for insects and some bear fruit which is an added bonus for you to eat! Visit the Woodland Trust website for really useful information when planning to plant a tree.	

And finally, make sure you're checking in regularly with all of your Google Classroom work. Keep on top of the work that you've been set, and get in touch with your teachers if you're struggling to understand or access work.

Getting through this time is about everybody doing their bit. Miss White did most of the work for this week's bulletin and would love to see some of the things you've been getting up to. If you have a chance, email her to let her know (h.white@stokesleyschool.org) and make her day!
