



Top Tip #6:

If you're lucky enough to have a garden, the National Trust is encouraging people to take part in the '[No Mow May](#)' challenge, because letting the flowers bloom on your lawn helps to provide a vital source of nectar for bees and other insects. If you haven't yet mowed your lawn this month, why not give it a try and see how nature responds.

Word of the week	Tenacity - the quality of being able to grip onto something firmly/ the quality of being very determined.
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Why not try to use the word of the week in an email to someone who would appreciate the communication? An elderly relative? A friend abroad? Someone that you know in the NHS?

Riddle of the week	What is it that given one, you'll have either two or none?
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App of the week	QuizUp claims to be the world's biggest trivia game. Great if you love a quiz, and you can play against your friends, too, if you are all signed up!
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Each week we are going to ask three of our departments for some suggestions for things you could be getting up to either on your own or with your family. Remember, too, that we have access to the online newspaper [The Day](#) so that you can keep up to date and engaged with the news.

Department	What great ideas do they have?
PE	<p>It's easy to think that there isn't any PE you can do whilst you're off school, but we promise that there is!</p> <ol style="list-style-type: none"> If you haven't already tried them out, there are loads of live lessons being delivered daily or weekly online. Some of our favourites are: PE with Joe, dance with Oti Mabuse, and Tyson Fury's daily workouts! Did you know that you can get Just Dance on YouTube? A great - and hilarious - workout for all the family. Why not take up running? Lots of people who've never run before have enjoyed taking part in the NHS's couch to 5k challenge - just think how impressed your PE teachers will be when you get back to school! Get involved in the 2.6 challenge, raising money for our amazing NHS If you're missing watching sport on TV, this article lists 12 sporting films that you could try in order to get your fix!
Geography	<p>In geography we often study 'place'. We try to understand the processes and interactions that occur to create that location. During the lockdown our 'place' has become our homes or at the most a very local area for our exercise. The suggestions from Team Geography are all about widening our horizons and getting a sense of place of locations we can't reach at the moment.</p> <ol style="list-style-type: none"> There are a range of sites that allow you to take 360 degree tours. We visited Machu Picchu on Sunday and last week had an afternoon in Japan! If you type 360 VR tours into YouTube there are a range to choose from Escape to new locations via documentaries on the BBC iPlayer. We would recommend you go to the Science and Nature section and start watching some of David Attenborough's documentaries. There are also some great programmes in the 'National Geographic' section if you've gone with the free trial to Disney +. Plan your perfect trip. As a department we should have taken 44 students to Italy in July on a trip we never get tired of. Last year Miss White and Miss Watson travelled parts of southeast Asia, Mr Page was in Thailand and Mr Jones went island hopping around Greece. Where would you like to visit? What would you do there? Where would you stay? How would you get there and travel around once you arrive? For the ultimate trip inspiration you may want to watch the BBC Series Race Across the World
Design	<ul style="list-style-type: none"> Design technology is focused on looking at problems and trying to solve them through

Technology	<p>designing and making solutions. It is also focused on gaining an understanding of properties of materials to see how these can help us solve problems. With this in mind why not enter this Bright Ideas STEM Challenge with a deadline of 19th June. You could try and work with some of your friends to complete tasks and using google meets</p> <ul style="list-style-type: none"> • For information about different processes or materials you could also look at this website. • There are some great links in this article, entitled '10 creative classes', for things that you can do around the house linked to art and DT. • These Challenge Cards from the James Dyson foundation are great fun, and are all linked to the wonderful world of DT.
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We've had some requests for the answers to previous riddles so, here they are!

Week	Riddle	Answer
1	I have a neck and no head, two arms but no hands. What am I?	A shirt
2	If eleven plus two equals one, what does nine plus five equal?	Two (pm)
3	What is as round as a dishpan and no matter the size, all the water in the ocean can't fill it up?	A sieve
4	You measure my life in hours and I serve you by expiring. I'm quick when I'm thin and slow when I'm fat. The wind is my enemy.	A candle
5	<i>During WWII, on the German side of a bridge connecting Germany and Switzerland, was a sentry tower. A guard would come out of that tower to check on the bridge every three minutes. The orders were to turn back anyone who tried to get into Germany, and shoot anyone trying to escape from Germany without a pass. There was a woman who desperately needed to get into Switzerland, but it would take her at least six minutes to cross the bridge, and she didn't have a pass. However she worked out how to do it, and survived. How?</i>	When the sentry went into the tower, she would start to cross into Switzerland, and, keeping a close watch, when he came out, she would quickly turn and start to walk back into Germany. When he saw her, he would assume she was walking into Germany and so tell her to turn back into Switzerland.

And finally, make sure you're checking in regularly with all of your Google Classroom work. Keep on top of the work that you've been set, and get in touch with your teachers if you're struggling to understand or access work.

<p>Getting through this time is about everybody doing their bit. What have you been doing? You've probably come across some great stuff online (or done some great stuff with your family) that you think everyone would enjoy. Why not email your suggestions to Mrs Fox (l.fox@stokesleyschool.org) and then next week everyone can be doing it!</p>
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