



Hurrah! The summer holidays are finally here! We know, however, that your summer might not look quite like you had originally planned, and that you might find yourselves with a little more time than usual on your hands. The staff at Stokesley school have put together this Summer challenge bulletin to give you some suggestions of things that you might like to do, and we've even popped some ideas in for younger brothers and sisters too if they're at a loose end or need a focus. We hope you enjoy the challenges here, and we would love to hear about anything that you do complete. Mrs Fox 😊



App of the summer	The summer is finally here! Why don't you use an app such as 1second everyday to create a video diary of your holidays and you'll have an amazing video which documents the best bits of your time. Follow the link here to see where the idea of the app came from, and to read about a man who has recorded at least one second of video every day for the last 6 years, and now has a 36 minute video documenting his life.
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Headteacher's challenge

Our first challenge is from Mrs Millet, who is giving you a great opportunity to get involved in shaping something about the school that matters to you.

Headteacher's challenge
What bright ideas have you got to improve your school, or the contribution your school makes to its community? Maybe you are keen to develop our outside spaces at school; maybe you are budding a designer who has thought of ways to improve our environment; maybe you know of some charity or community work we could get involved with; or maybe you have just got a brilliant idea that would make school better for students, staff, parents or any other visitors. The challenge is to send me a written proposal outlining: your idea; what the benefits would be; and how much you think it would cost. Email it directly to me before the start of term (h.millett@stokesleyschool.org) and I will work with the winner to put his/her ambitious plans into action.

Departmental challenges

The second set of challenges are from your subject teachers, who have set you some great things to try over the summer holidays. Which ones are you going to pick?

Department	Challenge for Stokesley students	Challenge for younger siblings												
Drama	<p>Summer Devising Challenge</p> <p>Your challenge is to create a performance which uses 3 of the following things:</p> <table style="width: 100%; border: none;"> <tr> <td style="padding: 2px;">Sun cream</td> <td style="padding: 2px;">Water</td> <td style="padding: 2px;">A face mask</td> </tr> <tr> <td style="padding: 2px;">Boris Johnson</td> <td style="padding: 2px;">A potato</td> <td style="padding: 2px;">Toilet paper</td> </tr> <tr> <td style="padding: 2px;">An umbrella</td> <td style="padding: 2px;">Clapping</td> <td style="padding: 2px;">Rainbow</td> </tr> <tr> <td style="padding: 2px;">Cling Film.</td> <td style="padding: 2px;">Water Pistol.</td> <td style="padding: 2px;">Cabbage</td> </tr> </table>	Sun cream	Water	A face mask	Boris Johnson	A potato	Toilet paper	An umbrella	Clapping	Rainbow	Cling Film.	Water Pistol.	Cabbage	<p>Superhero Lockdown</p> <p>It's one thing being a child in lockdown - but imagine being a superhero!</p> <p>The amount of people needing rescuing on the streets has certainly gone down! How can you rescue people from 2 meters away? How useful is super strength now? Perhaps being a superhero now means something different!</p>
Sun cream	Water	A face mask												
Boris Johnson	A potato	Toilet paper												
An umbrella	Clapping	Rainbow												
Cling Film.	Water Pistol.	Cabbage												

	<p>You may write a monologue, write a short scene or a full play! Perhaps you want to make an animated film with voice over or even make a film - involve the family! Do you want to write 'Quarantine the musical'? Now's the time! The more creative you can be the better!</p> <p>All entries can be sent for judging to r.kent@stokesleyschool.org with a winner announced in September!</p>	<p>Your task is to choose your favourite superhero, or make your own and create a short scene with the title 'One Day in Lockdown'. Perhaps even choose a number of them and put together your own superhero 'talking heads'!</p> <p>Present it to your friends and family!</p>
History	<p>Become an historical tour guide! Visit somewhere 'historical' (a local landmark, building or statue even), take a picture, do some research and then produce a guide to why it's a great place to visit to learn some history. Prizes will be awarded in September for the best from each year!</p>	<p>Become a knight! Use this template and guide to make your own knightly helmet:</p>
ICT	<p>Create a video tutorial that teaches people how to play your favourite game. It could be a game on your phone or console. You can search for and use various free video editing apps or websites online. It doesn't need to be really detailed, as long as it explains the basics. Here is an example one. Send your finished tutorials to Mrs Metcalfe at s.metcalfe@stokesleyschool.org who will give out prizes for the best ones in September.</p>	<p>Plan and design a new video game character which could be used as part of a current game or a brand new game. Draw your character and use the space around them to explain more about them. Give your character a name and backstory. Some questions to think about: -</p> <ul style="list-style-type: none"> ● Are they a hero or a villain? ● Are they human or machine or neither? ● What special powers or weapons do they have? ● Where do they live?
Computing	<p>Learn to code using Hour of Code Activities - One hour tutorials to help you learn different types of code. You can even go beyond an hour if you would like to, using this link here.</p>	<p>Swift Playgrounds App is a fun way to learn how to code by solving puzzles using a program language created by Apple and which is used by the pros to build today's most popular apps.</p>
RE	<p>Create a model of a place of worship. Label all key features and describe how they are used during worship. Take a picture of it and send it to l.simpson@stokesleyschool.org Prizes for the best ones in September.</p>	<p>Draw three religious symbols and explain their meaning.</p>
Geography	<p>Learn From Maps</p> <p>Find examples of maps when you are in a shopping centre, amusement park, train station, or another place. Critique whether or not the map is easy to use. Then make your own map of the area.</p> <p>Take a picture of your map work and send it to m.page@stokesleyschool.org Winner to be announced in September.</p>	<p>Draw a Map of an Imaginary Island</p> <p>Use map elements like symbols and a key to show different features of the island and its people.</p>
PE	<p>Create your own six week personal exercise programme for yourself with the aim of increasing your fitness levels over the summer.</p> <p>Even better, become the new Joe Wicks and create a VLOG to demonstrate all your hard work and progress. Why not work on cardio-vascular fitness to strengthen the heart and lungs whilst burning calories too? Use the Cooper 12 minute run test and then use the following table to compare your score to the age related data.</p>	<p>You can take part in the 12 minute run test too! Get other members of your family to carry out the test with you.</p> <p>If it is too difficult to run for the duration of 12 minutes, don't worry: you can walk for parts of the test too - as long as you make sure that the distance covered is still recorded.</p> <p>Other members of your family should also join in and complete a six week training programme and</p>

	<p>Once you have your score, set yourself the target of beating that score after six weeks of training.</p> <p>Training could be running/cycling/walking etc for 20 minutes, three times a week.</p>	<p>then carry out the 12 minute run/walk test at the end to see if there has been any improvement.</p>
English	<p>Create a character and then use the summer holidays to keep a diary as that character</p> <ul style="list-style-type: none"> - Some days could be exciting, some days could be ordinary - You might have to do some research. For example, if your character is a doctor, a film star, a footballer, an archaeologist, etc. you could find out more about what the job involves day-to-day <p>Even better, you could create an online blog or online presence to detail what you get up to.</p> <p>Get your younger siblings to help you create a video diary to go with your writing.</p> <p>They could act as characters too.</p>	<p>Recreate the front cover of the book (either copying the original or coming up with your own). You can design your creation on the computer OR plain paper then take a photo or scan it so you can send it in! The best original and creative cover will receive a prize when we get back to school AND the best ones will be created into bunting to go around the English Department.</p>
Design Technology	<p>We have all been spending a lot of time indoors, and are very familiar with our own rooms, so why not design a room of your own, or have a go at changing the furniture of a room in your house virtually? Try out some of these websites:</p> <p>3D room designer 2D room plan layout Free android app- check with parents first before downloading.</p> <p>Need some inspiration? Here is a link to the BBC - great interior Design Challenge programs</p>	<p>Draw out a room in your house as if you are looking down from the ceiling! Add in the furniture - what does it look like from the top?</p> <p>Good at maths? Try measuring the furniture and draw it onto your plan- it needs scaling down though!</p>
Business Studies	<p>Create a TV advert for a business of your choice. TV adverts are around 15-30 seconds long. Think carefully about the target audience for the business and try to make your advert interesting and have a memorable slogan. Send your finished adverts to Mr James at e.james@stokesleyschool.org and he will award prizes in September.</p>	<p>Design a poster or new logo for a business of your choice. Make sure it is eye-catching and has a good slogan.</p>
French	<p>A challenge for every week of the holidays:</p> <ul style="list-style-type: none"> - Go on Memrise and set yourself a challenge of learning a section of vocabulary - Find out the names of four fashion designers who are from a French-speaking country - Listen to a French song - List 10 French words that have made it into the English language (e.g. chauffeur) - Find a French language video on YouTube and watch it - Cook a dish from a French-speaking country 	<p>Draw a picture of the Eiffel Tower and colour it in red, white and blue.</p> <p>Learn the Happy Birthday song in French - find it on YouTube and sing along.</p> <p>Go on Memrise and set yourself a challenge of learning a section of vocabulary</p>
German	<p>A challenge for every week of the holidays:</p> <ul style="list-style-type: none"> - Find out the names of ten well-known 	<p>Find out how to say 'Hello', 'How are you?' and 'Goodbye' in German.</p>

	<p>sports players who are from German-speaking countries</p> <ul style="list-style-type: none"> - Make a list of four German words that have more than ten letters and their meaning - Listen to a German song - Go on Memrise and set yourself a challenge of learning a section of vocabulary - Find a German language video on YouTube and watch it - Try a food item from a German-speaking country you have never tried before - Cook a dish from a German-speaking country 	<p>Go on Memrise and set yourself a challenge of learning a section of vocabulary</p> <p>Learn the Happy Birthday song in German - find it on YouTube and sing along.</p>
Spanish	<p>A challenge for every week of the holidays:</p> <ul style="list-style-type: none"> - Try a food item from a Spanish-speaking country you have never tried before - Learn a tongue twister in Spanish - Listen to a Spanish song - Go on Memrise and set yourself a challenge of learning a section of vocabulary - Find a Spanish language video on YouTube and watch it - Find out the names of 5 dances that originated in Spanish-speaking countries. 	<p>Sing along to Minidisco Veo Veo with lyrics on YouTube.</p> <p>Learn the Spanish for colours and pets.</p> <p>Go on Memrise and set yourself a challenge of learning a section of vocabulary</p>
Food Technology	<p><u>Design a fun fruit and vegetable animal</u></p> <p>Why not have some fun cooking? How about designing an animal shape out of fruits and vegetables?</p> <p>Be creative and send a photo to c.murphy@stokesleyschool.org</p> <p>Watch the video clip to help you think up some great designs. Remember to seek permission to use knives and be safe using them.</p>	<p>Have a go at the simpler fruit and vegetable animal designs which do not use knives. You can use oranges, strawberries and blueberries etc to create a fantastic design of an animal.</p> <p>Make a fruit smoothie with an adult family member.</p> <p>Make a fruit salad with some of the remaining fruit for your family. Serving it with ice cream?</p>
Maths	<p>Why not try the Interactive Tangram Challenge?</p> <p>Like fiddle toys? Make a Hexaflexagon using one piece of paper, or if you want a template then you can get one here</p> <p>You can also find weekly mathematical puzzles and challenges here</p>	<p>A pentomino (or 5-omino) is made of 5 equal sized squares connected edge to edge. There are 12 different pentominoes. Try this Pentomino connection challenge</p>
Anti-Bullying Ambassadors	<p><u>We will launch the ABA's #TogetherWeCanChange campaign.</u></p> <ul style="list-style-type: none"> - The tutor policy packs need to be ready for September - I have set individual assignments on our Google Classroom. - Look at the Wellbeing badge and create a list of ideas that you would like to complete between October and December. Submit these via Google Classroom. - Select your date on the student rota for the peer support drop in sessions. 	<ul style="list-style-type: none"> - Design an anti-bullying badge email your design to anti-bullying@stokesleyschool.org - Create a list of 10 acts of kindness you could do in school.

Head of Year challenges

Our heads of year have also put together some challenges for their year groups. Why not have a look below and see what your year group could be getting up to?

Year group	Head of year	Challenge
6	Mrs Metcalfe	<u>Transition Bingo</u> There's plenty to do on the Yr 6 Transition Bingo here . How many have you done so far? Plenty of time to do more ready for September. We can't wait to see them!
7	Mrs Bailey	<u>The Alphabet Challenge</u> . Take a selfie with 26 objects you see as you are out and about and make a photo collage. Each object must begin with a different letter of the alphabet; A, B, C, D and so on to X, Y, Z. If you don't fancy a selfie, just the photo of the object would be good, but it would be nice if at least one of your photos in the collage included at least one selfie. Can you make a collage of all 26? Email your photo collage to me at j.bailey@stokesleyschool.org
8	Mrs Brosnan	<u>Summer Wellbeing Scrapbook</u> I would like to create a 2020 student wellbeing scrapbook display in my new office. Take a selfie of yourself/group of friends doing an activity that helps you with your wellbeing. This could be anything from reading to running (it needs to be appropriate). I will make a wall display of images and the most interesting will receive a prize. Email your entries to d.brosnan@stokesleyschool.org with the subject as summer wellbeing scrapbook. Good Luck!
9	Mr Wilson	<u>The Rainbow challenge</u> While out and about, take multiple photos of different things that are the seven different colours of the rainbow and make them into a rainbow photo collage. You must get all 7 colours of the rainbow onto your collage. Send all entries in to me at n.wilson@stokesleyschool.org 15,000 steps a day streak. Try to get the longest streak (number of consecutive days) possible for getting over 15,000 steps a day. Use whatever technology you have to record your steps and send in your longest streaks to me, with evidence to n.wilson@stokesleyschool.org
10	Mr Hamer	<u>Learn a new skill</u> <ul style="list-style-type: none"> Some of you will have had the chance to think about doing something different whilst in lock-down. Now is the opportunity to put these thoughts into practice. With less school work being set over the 6 week break and more freedom to go out and about, go and do something different. I intend to learn to juggle for example, but you can be more imaginative. Visit this website for ideas: - Evidence can be collated within photographs or even videos. Entries to: w.hamer@stokesleyschool.org

What's that? You want more challenges? Turn onto the next page to see what some of our other teams of staff in school have in store!

Wellbeing challenges

The ethos team also wanted to set some challenges for you, linked to your physical and emotional health over the summer. Here are the challenges that they suggested:

Ethos team challenges

Map your future

Think about where you are (how you feel, your situation etc.) and now consider where you want to be this time next year. Grab a pen and write down your plan.

Wellbeing Alphabet

For each letter of the alphabet, can you draw/write something that is good for you? When you have finished, circle 5 you plan to do.

Make someone smile today - Take a compliment and pass it on!

Sign up to the free [WildWEB programme](#). WildWEB is a brand new digital programme to support young people aged 13 - 17 to take action for the environment over this period and prepare for the world that lies beyond lockdown. You can get a taste of WildWEB by following their activities on Instagram, Twitter, YouTube and TikTok in the coming months, where they will be sharing lots of exciting videos, action ideas and challenges that are open to everyone.

From the 14th July, young people are coming together to take part in the [#TriThisAtHome challenge](#) – virtually travelling around the whole world - 40,075km - to tackle COVID-19 globally. Challenge yourself and your friends to run, cycle or walk famous landmarks around the world - from the Pyramids to Mount Everest! The funds you raise will ensure that young people and communities most affected by COVID-19 have the best possible chance to fight back and come through this pandemic.

North Yorkshire Police have launched their [Lifestyle Challenge](#). The challenge is open to all 8 – 18 year olds who are resident in York or North Yorkshire. Your mission is to get together with up to six of your mates – either virtually or in person (adhering to social distancing guidance) – think up a project between you and then **do it!** Your project could benefit your street, your community or your environment. It's entirely up to you. It just needs to make a difference in your community. Just make sure you register before 31st July if you'd like to take part.

Challenges from the OLC

Miss Roberts in the OLC has some challenges for those of you who love your reading, or who want to improve your reading when you're sunning yourself over the holidays. Have a look below to see what she suggests.

OLC challenges

THE 3 Rs

Roald Dahl Day: In anticipation for 'Roald Dahl Day' in September we would like to issue the all new year 7 students with Roald Dahl themed bookmarks as part of their introduction to the OLC and Accelerated Reader. Design a Roald Dahl style bookmark, you can base it on any of his books or characters, and the winning creations will be issued to all the new year 7 students and available to everyone in the OLC.

Reading Recommendations: I am often asked for reading recommendations by students and believe the best people to ask are all of you! If you have enjoyed a particular book, please send me a review on it. Your critique can be any length and include illustrations. All book reviews will be compiled into a Reading Recommendations booklet for the whole school.

Reading app launch: The school has just purchased an ebook reading app to enable you to access a wider range of wonderful reading resources and books online for free. Watch out for the app on the school dashboard. It will be up and running when we break up for the holidays. I will send you all a unique username and login before the break.

Please email your entries to me at r.roberts@stokesleyschool.org

Challenges from the catering team

An important part of our Stokesley family are the catering team, who keep us fuelled with the energy that we need to learn. They've had some great ideas for challenges that you and your families could be getting up to over the summer:

Catering challenges

Why not have a go at these creative cooking challenges?

Fruit & Veggies

- Cook a vegetable two different ways
- Make a fruit salad
- Choose a new fruit to try
- Set up a salad bar for your family
- Cook a recipe from another country using a vegetable you haven't tried before
- Make a vegetarian meal with food that all start with the same letter

Create a Signature Sandwich

Use your favourite ingredients to create your very own sandwich, take photos or make a drawing & send it to Mrs Wilson, Catering Manager, kitchen@stokesleyschool.org You may even see your creation on the menu! Or win a prize!