



12th October 2022

Dear Parent / Carer,

Quick read

- All schools are directed by the government to provide age-appropriate sex education to students.
- The School of Sex Education is coming into school on Tuesday 18th and Wednesday 19th October to provide age-appropriate workshops for year 11, and age-appropriate assemblies to students in years 7, 8, 9, 10 and the sixth form.
- Students will attend either a discussion-based assembly or workshop and will have the opportunity to ask questions in a safe environment.
- There is a table included as part of this letter which gives a little more information about what each year group's assembly will cover.
- The sessions focus on anatomy and sexual health, but if you do not wish for your child to receive this education please get in touch.

Longer read

On 1st February, the findings of the [Young People's RSE poll](#) were published, revealing the poor state of Relationships and Sex Education (RSE) in UK schools, despite the introduction of the statutory framework in 2020. Not only was the report telling about the provision in schools, but it also commented on the lack of comprehensive sex education in many homes, and the difficulties that some parents and carers face in having these conversations with their children.

Whilst we already meet the legal requirements set out by the government (delivering some relationships and sex education through **LIFE** lessons and also through our science curriculum) we want to be sure that our students - your children - are getting a good deal when it comes to their sex education and that this is as dynamic and as memorable as possible.

As a result of this, on **18th and 19th October**, we have booked the highly-recommended [School of Sex Education](#) to come into school to give hour-long assemblies and workshops to students in all year groups as part of our **LIFE** curriculum enrichment programme.

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Students will attend an hour-long, age-appropriate assembly or workshop about one element of Sex Education. They will listen, discuss, and will also have the opportunity - should they wish - to ask questions.

Workshops for year 11 will take place in form groups in classrooms and assemblies for all other year groups will take place in the main hall, with students being accompanied by their class teachers, as well as the facilitator delivering the session.

We appreciate that, for many of you, it's important that you know and understand what information is given to your children in sessions such as these, not least so that you can build on these discussions at home should you so wish. Please find below a brief outline of what will be discussed in each of these sessions.

Year	Title	Outline of session
7	Anatomy and puberty	Correct names for parts of the body. How does the body change during puberty? Key points on health and hygiene. Key points on body appearances and image. Periods and hormones.
8	Introduction to Reproduction and Sex	Reproduction: a recap Contraception and Protection: what are they? Sexually transmitted infections (STIs): What are they? Starting families. How pregnancy works.
9	Reproductive and Sexual Health	How can we define 'sex'? What is contraception? What are the different types? How do they work? What is emergency contraception? What is protection? What are sexually transmitted infections (STIs) and how can we protect ourselves and others? How to get support and advice around sexual and reproductive health
10	Sex, Bodies and the Media	How can we define 'porn'? Sex in the media - what are we taught about sex, consent and bodies from mainstream film and TV? Representation and its impact.





11	Consent	How can we define 'sex'? Communicating consent: signs of consent and no consent, how to check in and respect others What the law says on consent: what do capacity and freedom mean? Scenarios: consensual or not? Including scenarios around consent online. Getting help and support.
Sixth form	Anatomy / Reproductive and sexual health	How can we define 'sex'? What is contraception? What are the different types? How do they work? What is protection? What are sexually transmitted infections (STIS) and how can we keep ourselves and others safe? How to get support and advice around sexual and reproductive health - sexual health centres.

On a related note, if you are looking for a resource to support you with talking about sex with your child or indeed a resource for them to use themselves, the company's [book](#) is excellent and one that I would definitely recommend. They've not asked us to recommend it, but I am! It's certainly one that I wish I'd had to read as a teenager and I'm sure that once you've seen it, you'll feel the same.

If you have any questions regarding these sessions, or if you would like to withdraw your child from these sessions, please do not hesitate to get in touch.

Yours faithfully

Mrs L Fox
Lead Practitioner (Personal Development)

