



How you can help your son / daughter in: ***Psychology***

**Help them to be organised:**

All students have a copy of the AQA Psychology A level syllabus. Every element within each topic must be revised. They can use a tick list and make it part of their revision timetable. Student's folders generally follow the same order as the textbook and should contain their notes and lesson resources which will help them to gain a greater depth of understanding of each topic. Resources are also available in Google Classroom as well as a bank of exam questions and mark schemes for each topic.

The AQA A Level Specification can be downloaded via -

<https://www.aqa.org.uk/subjects/psychology/as-and-a-level/psychology-7181-7182>

**Get them kitted out:**

All students have textbooks for both Year 1 and Year 2 topics. There are a number of Psychology books in the library as well as the classroom which can be borrowed for wider reading. In addition, a whole array of revision guides can be purchased from most bookshops which are really useful. However, they are limited to some extent in terms of the level of detail they contain and therefore should only be used to supplement their other revision resources.

**Guide them online:**

There are some fantastic online webinars, especially for Year 2 topics. These illustrated tutorials are easy to follow and provide some excellent tips about how to tackle every type of question including essays. The Tutor2u videos cover a wide range of topics and can be downloaded free via YouTube like this one about the Nervous System - <https://www.youtube.com/watch?v=w2qGl1pHO0I>

**Help them prepare:**

There is a huge amount of material covered in the three examination papers, so developing revision techniques and producing personalised resources to remember the content is crucial: flash cards, mind maps, grids, tables, question and answer cards are all useful ways to learn the material.

However, students need to be able to apply this knowledge to the exam questions, so completing as many past papers as possible against the clock, is by far the best way to prepare. By doing this, students become very familiar with the various types of questions, and much less likely to encounter a question they don't understand in the final exam.