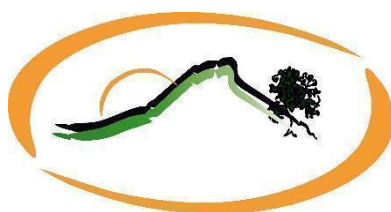


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**Stokesley School  
& Sixth Form College**

Being the best we can be

## **Physical Education**

### **How can you help your child in GCSE PE?**

#### **Specification and specimen papers**

- Go to Pearson Edexcel website and browse course materials.  
[Pearson Edexcel GCSE Physical Education \(2016\)](#)
- Specification can be used as an overview of what is needed.
- Attempt questions from specimen papers.
- Support your child by marking it with them, the answers should match the mark scheme.



#### **Revision guides, edexcel endorsed.**

- Purchase from school on ParentPay.
- Encourage pupils to highlight key points and then make brief notes on these to then make flash cards/mind maps with. Consolidate with workbook questions.
- Encourage pupils to plan their revision topic by topic and stick to it!

#### **Flash cards/mind maps**

- These should be easy to read summaries of content taking no more than an hour to make a whole set of cards/mind map on a topic.

#### **Practical Element Evidence**

- Students are required to provide lots of video evidence of them performing in competitive situations for their chosen sports. It would be extremely beneficial to have recorded some of your child's performances/matches when you go to watch them at their events.
- A good quality recording that has been allowed to run for enough time for the moderator to make his/her decision. Small clips will not suffice.
- Please don't worry too much about the traditional team sports such as rugby/football/hockey/netball as these can be set up in school. However, students who are cricketers should definitely provide evidence of matches e.g. when in bat, during their overs in the field etc.

#### **Useful web-sites**

- <https://www.bbc.co.uk/bitesize/subjects/znyb4wx>
- <https://www.memrise.com/course/208889/edexcel-gcse-pe-2/>
- <https://www.brianmac.co.uk/>